

IMPOSTER SYNDROME

1

PERFECTIONISM

2

FEAR

3

DOUBT

Perfectionism

Perfect is the enemy of good, enemy of progress, enemy of collaboration

Perfectionism

Slow to start

Inflexibility

Poor collaboration

Delayed results

Fear

Fear of failure can overshadow the joy of discovery

Fear

Not speaking up

Scrutiny and criticism

Not taking risks

Stagnant skills

Doubt

Doubt holds you back

Doubt

Slow job growth

Limited networks

Less collaboration

Not recognizing success

Training my imposter syndrome away

THE SKILLS TO PROBLEM SOLVING

(Inspired by Illustrative Math)

1

RECOGNITION

Recognize the problem exists. Understand when the problem started. Document what factors created the problem

2

COLLABORATION

When necessary, let others know of the issue. Bring in help – Who can bring or share the skills for the problem? Always consider who can contribute other perspectives.

3

APPLICATION

When you have the skills and collaborators, apply the tasks for a solution. Many tools can also help with applying work to the solution efficiently.

4

SOLUTION

Document the results with how you discovered the problem. Document the tools and attribute your collaborators. Keep those skills in your toolbox – you'll need them again!

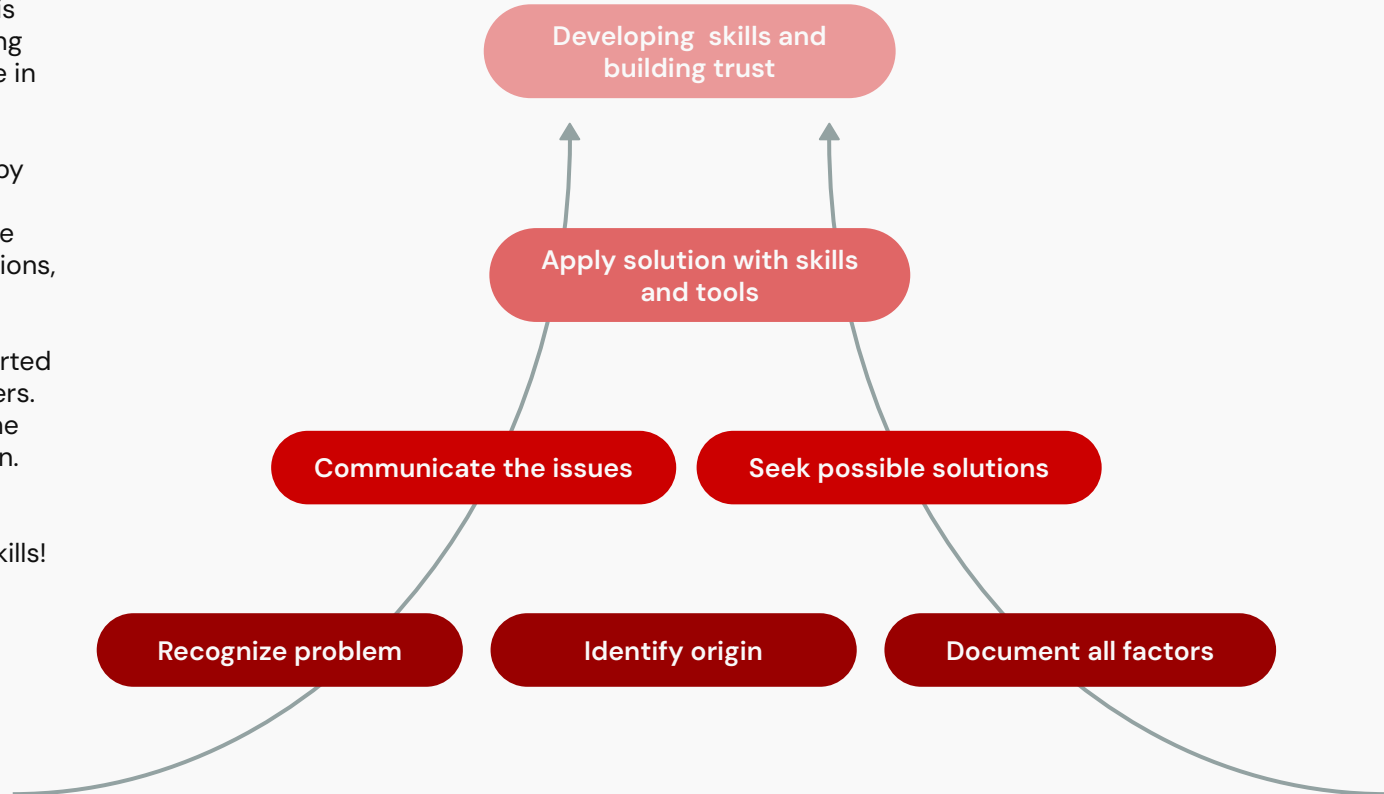
Problem Solving

Practicing the “productive struggle” is necessary to problem solving, learning collaboration, and finding confidence in your work.

If you want to learn a new skill, start by trying something new or hard. Allow yourself to experience the productive struggle of researching, asking questions, collaborating, and refining your work.

In math, the correct answer is supported by knowing all of the incorrect answers. The more problems we encounter, the closer we are to reaching the solution.

So, if you ever find yourself facing a problem, use your problem solving skills!



How to talk about problem solving

Job interviews: examples of struggle, talk about your toolbox, promote your network

In meetings: be present, support others' ideas, share thoughts

With teammates: discover the answer together, build trust, knowledge sharing

Grow your
resources, grow
your skills

People!

Professional groups, networks,
communities, workshops

Promote your work online

OpenRefine, Conifer, Wayback Machine,
System Sandboxes

Preserve This, Library Juice Academy,
Metropolitan New York Library Council,
Sustainable Heritage Network, more!